

# Episode 196 - The Epicurean Arguments In Cicero's On Ends - Book Two - Part 06

Post by “Pacatus” of October 14, 2023 at 4:05 PM

[Quote from Kalosyni](#)

How often is the sum of our experience just what we decide to tell ourselves (or label things as being either "good" or "bad")?

Essentially Epicurus' strategy in his physically painful dying days.