

# Epicureanism as the spiritual essence or 'religion' of an entire community

Post by “Don” of October 4, 2023 at 9:55 AM

## [Quote from Cassius](#)

I do think "you only live once" when properly understood is Epicurean, and I do think it is pretty much the primary message.

Fully agree with "properly understood." I was referring in my post the popular YOLO acronym.

## [YOLO \(aphorism\) - Wikipedia](#)

### Quote

The word was criticized for its use in conjunction with reckless behavior, most notably in a Twitter post by aspiring rapper Ervin McKinness just prior to his death, caused by driving drunk at 120 mph (193 km/h)