

# **VS11 - Translation and Commentary: VS 11**

**Post by “Kalosyni” of August 14, 2023 at 7:42 PM**

My take on this one:

For most people when they rest they are either sleeping or in a state of drowsiness, and when they are active then they are rushing around frantically trying to get as much done as possible. So then a much more pleasant state is to calmly take action in a deliberate and focused manner (neither in a dull state of mind nor a in frantic state of mind).