

Cultivation of Friendship within Epicureanism

Post by “Eikadistes” of August 2, 2023 at 12:12 PM

[Quote from Randall Moose](#)

Thanks y'all. I would like to see more resources here on how to cultivate and maintain friendships.

Speaking for myself as a 26 year old American, my peers rely on social media for their social lives. I have made an effort to find friends through hobbies such as D&D. The house I share with my roommates is the primary meet up spot for D&D, board games, MtG, CoD, movies, dinners, and nights around the fire pit.

I'm curious what y'all think about this question, "What place do games have in Epicurean philosophy?"

A **KEY** place (*I think*)! I need to go back and find my source, because I only have this scribble in my notes, but I recall that Eikas celebrations would have hosted a game called *Kataktos*, what I believe is ... basically ancient Beer Pong (with wine), so I think parlor games like darts, ping pong, and billiards are *particularly* appropriate. That said, I am a gamer, and I miss the days when card games and board games were more-widely-practiced forms of recreation, so games are key for me; that absolutely extends into the world of D&D, and digital gaming, and MMOs so long as they engender friendship.

Someone fact-check me on *Kataktos* though because I meant to bring it up, but I didn't leave myself a source.