

Cultivation of Friendship within Epicureanism

Post by "Cassius" of August 2, 2023 at 2:37 AM

I agree with the above answers which in most general form comes down to "Do the games being you more pleasure than pain, all things considered?"

Maybe the greater concern than the games is over-reliance on social media for social interaction.

We definitely need to develop some material on:

1 - [Practical tips on cultivation of real-life friendships.](#)

2 - [Practical tips on management of social media engagement.](#)

At the very least we need to find ways to focus social media interactions to be mainly with real world friends rather than people so extended away from us that interaction with them is little more than as with AI or bots or caricatures of real people.