

# Ruminations on leading with “Pleasure and Pain as the Guide” v “The Goal is Pleasure”

Post by “Cassius” of June 7, 2023 at 9:56 PM

## [Quote from Godfrey](#)

To my understanding, there is a case to be made that the fundamental description of Epicurus’ ethics is “the faculty of pleasure and pain is the guide to life” and is a much better description than “pleasure is the goal (or the greatest good)”.

"Moreover, seeing that if you deprive a man of his senses there is nothing left to him, it is inevitable that nature herself should be the arbiter of what is in accord with or opposed to nature. Now what facts does she grasp or with what facts is her decision to seek or avoid any particular thing concerned, unless the facts of pleasure and pain?" Torquatus

I see that as more support for your point.