

# Pleasure vs pain - example and thoughts!

Post by "Cassius" of May 20, 2023 at 7:10 AM

Just to help start the discussion, this is a great question, and gets into the "objective vs subjective" discussion that Emily Austin raises in Chapter 3 of her book.

It also raises issues of how "sound mind in a sound body" and our discussions of pleasure as including healthy functioning of the organism (the "hand" argument from Torquatus) are relevant.

And not at all the least, it raises [PD10](#)

[PD10](#). If the things that produce the pleasures of profligates could dispel the fears of the mind about the phenomena of the sky, and death, and its pains, and also teach the limits of desires (and of pains), we should never have cause to blame them: for they would be filling themselves full, with pleasures from every source, and never have pain of body or mind, which is the evil of life.