

# Paul Bloom Dancing on the Head of a Pin

Post by "Cassius" of May 18, 2023 at 11:13 AM

[Quote from Little Rocker](#)

chief among them is the view that there is no meaning or purpose behind suffering

Great point

Even from the Nietzschean "what doesn't kill us makes us stronger" perspective, there darn well better be a goal of "making us stronger" for engaging in any suffering or else I want no part of it! 😊

Certainly standing alone the idea of fixating on suffering is awful. I haven't really absorbed or am ready to endorse N's view of "pity" as being such a bad thing, but I think he has a point there too which could eventually be made more clear. In my case I concretize the issue by thinking about how easy it would be for me to sit around thinking constantly about people in nursing homes or animals in animal shelters or in factory farms. But I can usually catch myself by realizing that if I did nothing but continue to think about those issues there would be no time for anything else in life, much less the possibility of finding time to help at least a few of them where possible.