

The Ethics of Epicurus and its Relation to Contemporary Doctrines by Jean-Marie Guyau. Edited by Testa and Ansell-Pearson, translated by Testa

Post by "Don" of May 8, 2023 at 7:54 AM

[Quote from Cassius](#)

don't think Epicurus expected that naming "pleasure" the guide of life could ever be interpreted as a call for the draining of all active physical and mental pleasures from life .

Quote from Epicurus

67. I do not think I could conceive of the good without the joys of taste, of sex, of hearing, and without the pleasing motions caused by the sight of bodies and forms.

I continue to soapbox that all pleasures are included in Epicurus's definition of pleasure/hedone; however, he also taught that we can have more confidence in pleasure that arises from within ourselves (tranquility, memory, anticipation, etc.) than that which arises from outside ourselves (sex, food, music, dance, etc.) . That which arises from within are always at hand.