

# Imagery On The Interplay Between "Pursue Pleasure" and 'Avoid Pain"

Post by "Cassius" of March 28, 2023 at 5:17 PM

[Quote from Don](#)

For the record, I agree.

And that's a huge point. For the record also, I would like to think that David Sedley agrees too, but I am sorry that he and a significant number of other commentators seem to think that Epicurus would not and may statements implying or stating otherwise.

That's probably a litmus test by which I would personally evaluate whether I wanted someone as my life coach. If the advisor ultimately sees life as worth living due to the pleasure we can gain from it, then all the details about how to proceed are reconcilable. If they ultimately equivocate (or even state explicitly that escape from pain is their number one goal), then I would at least say that they aren't a very good teacher of Epicurus.