

# Epicurean Verse For When You're Feeling...

Post by “Kalosyni” of March 9, 2023 at 12:22 PM

[Quote from Nate](#)

As an Epicurean, I recommend taking Epicurus' advice over Wikipedia's.

Good point! And also I think [Cassius](#) would say a certified therapist would be recommended for really difficult problems, since there are limits to Epicurean philosophy, and it is not a therapy, and thus cannot take the place of a certified therapist.