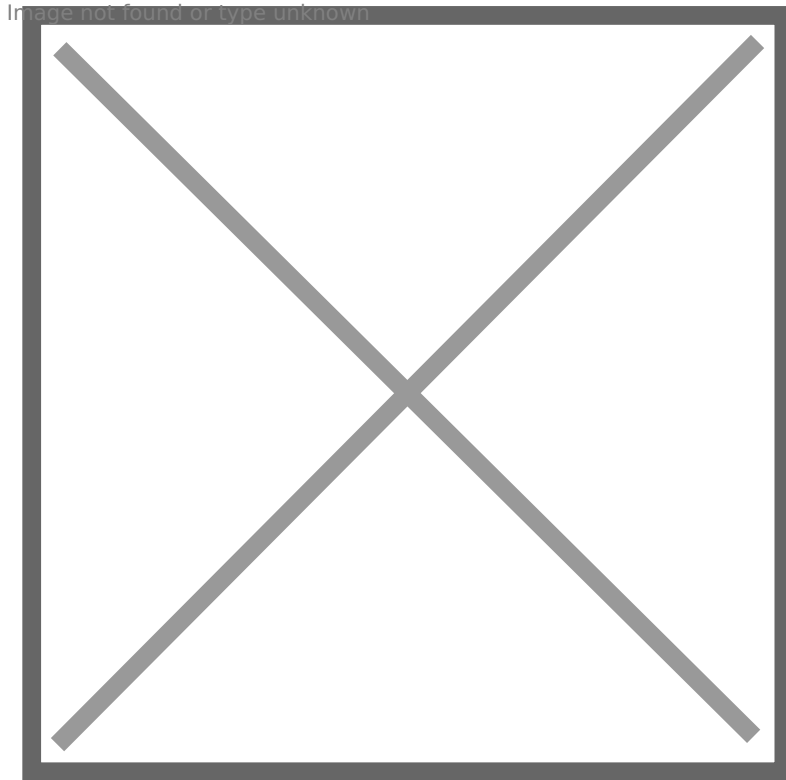




it some day. He also has a website:



[A counterintuitive method to ensure 2023 is your most fun year ever.](http://michaelrucker.com)  
michaelrucker.com

with a lot of resources.

\*I\* think it is an eminently Epicurean book albeit without mention of Epicurus. It could easily have been called *The Pleasure Habit*, because I think both pleasure and fun have been maligned in our culture, at least in North America.

I also want to re-read *Lonesome Dove* by Larry McMurtry since Dr. Austin brought up the Epicurean example of Augustus "Gus" McCray in that book, set against his friend Woodrow Call, the Stoic.

Early morning thought. Good luck on your project!!!