

# **Starting a closed in-person/zoom/social media mixed Epicurean Study Group; Utilizing this Website and Where to Start**

**Post by "Cassius" of March 5, 2023 at 6:21 AM**

Root304 I agree with Martin's comments. You are certainly welcome to refer people here and use our material - that is what we are here for.

As for books that is something I continue to think a lot about. There many categories of people who might be your target audience and you need to pick your text according to your group. I agree Living For Pleasure is the best general introduction for new readers but if your group is "advanced" enough in philosophy then Dewitt still might be more appropriate, or even "A Few Days In Athens" or something else - even Lucretius or Diogenes Laertius.

For example, if your group is heavily weighted toward former or partial Stoics who were attracted to Stoicism because they wanted to "live like an emperor" I would possibly suggest starting with Lucretius - but you will need to give them a good clear translation and lead them through it so that they don't get bogged down.

I would be interested to hear more about what you think of your group's interests. If they are into "lifestyle improvement" then definitely Living for Pleasure. If they are into technicals of philosophy and the decline and fall of western civilization, then that is another approach where we can make other recommendations.

This discussion makes me think we need a "Study Guide to Lucretius."