

# Was Epicurus Sexually Active?

Post by "Eikadistes" of February 23, 2023 at 8:00 PM

Epicurus taught that "**The occurrence of certain bodily pains assists us in guarding against others like them**" (VS 73). He seems to have had a **lot** to say about the potential pitfalls of unrestrained sexuality ...

History may justify *both* characterizations, the sinner and the saint: Epicurus may have pursued a less-restrained sexual path as a youth (*considering he was renown to have an attractive and beloved personality*), and may have run into some of the undesirable side effects that helped shape his sense of selective sexual prudence.