

What is the future of friendship? (Some random thoughts prompted by ChatGPT)

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[Don](#), I believe the difficulty with "remaining calm under fire" that I have (possibly the others too) is the proximity of this position to stoicism and it is important that I "come clean" about it. As [Cassius](#) mentioned ones, just because something is supported by the "other side", doesn't mean it has to be wrong. We tend to emphasize a lot the differences between the schools, but there are also similarities (plenty to be found in Cicero and Seneca texts).

In the end, certain knowledge/understanding helps train our minds and vanquish the anxiety. Whether it is the knowledge that "your virtue is not compromised, so there is nothing to fear" or that "everything natural and necessary is easy to attain and [death is nothing to us](#)" depends on the belief structure of the person. The second set (including most importantly physics in Epicurean sense) does wonders for me and my friends whom I try to help 😊