

The Art of Frugal Hedonism

Post by “Little Rocker” of February 18, 2023 at 9:12 AM

[Quote from Kalosyni](#)

Just like there is the idea within religion of Perennial philosophy, so to we need to watch out for some like this when comparing Epicureanism to other philosophies (such as the philosophy of Buddhism). I once read a very good explanation about why the belief in "perennial philosophy" is incorrect -- since the end goal of each religion is actually slightly different.

Like Cassius, this is a new term to me and it's like a penny dropped that helped me make some connections about the motives behind some of the 'wisdom' related organization/podcasts out there that seem to give off some vaguely religious vibes. For example, [this guy](#).