

The Art of Frugal Hedonism

Post by "Don" of February 18, 2023 at 7:29 AM

[Quote from Cassius](#)

The right track to what?

Just to be clear, I'm saying the Buddhists are wrong too. They would say tamping down desires is the right track.

[Quote from Cassius](#)

peril for those who are not clear about why they might want to do so.

Agreed. Even though I may not agree with the technical translation, I still agree with the sentiment of "there's a limit to frugality..."