

# The Art of Frugal Hedonism

**Post by "Cassius" of February 17, 2023 at 4:53 PM**

Prudent YOLO I guess! It's strictly true that we only live once, so that isn't the issue.

And I think it's just clearly wrong to say the "longest life" per the letter to Menoecus.

So we're left with "the most pleasant in subjective terms" i guess!

So maybe even prudent YOLO does not get to the heart of it quickly - I best we can get more suggestions on the right modifier if we get creative - but it needs to be something about the "most pleasant"