

# Confidence in Katastematic Pleasure

**Post by "Cassius" of February 11, 2023 at 8:46 AM**

Now I am unfortunately inserting something random but I will be short: Here I feel in sympathy with Cicero. English, like Latin, is a rich language. There is something fundamentally wrong going on when we have a supposedly critical concept for which people insist on using an untranslated foreign word, as if English were insufficient to explain the concept. Like Lucretius, we should use our own language to explain what we mean by "katastematic pleasure," and if we can't or don't then that in itself indicates a major issue. And that's exactly what the great majority of commentators are doing in perpetuating the kinetic / katastematic discussion rather than engaging with people who come to Epicurean Philosophy for real answers.