

# Illustrating Epicurean Ethics

Post by “Kalosyni” of January 24, 2023 at 9:49 AM

## [Quote from Onenski](#)

And when I notice that I have an extravagant one, I relax, because I see that I don't need it (though I'll enjoy it if I get it).

Yet...perhaps...this would be an evaluation after the fact of knowing that: 1) it isn't possible to get it, or 2) it will cause a great amount of pain without having any lasting benefit to long-term well-being or security -- In which case, for my own self, might simply label as "un-necessary".

Because it almost feels like, for me the word "extravagant" is for things that I wouldn't actually choose anyway -- for example: a chocolate cupcake covered in pink icing. However, I would not label a scoop of ice cream as extravagant, since there are several ice cream parlors in my area (and instead of buying a whole half gallon from the grocery store and keeping it my freezer, then I instead choose to buy a scoop at a time, maybe twice a month.)