

Illustrating Epicurean Ethics

Post by “Kalosyni” of January 22, 2023 at 7:15 PM

[Quote from Cassius](#)

I think this is also where the word "empty" gets used, right? And I find that word also not up to the task of being clear.

Actually that is very interesting to me...because then you can ask "empty of what?"

Empty of benefit? Empty of true pleasure?

Then you can ask yourself questions like:

Does it matter if I eat hot oatmeal or cold cereal for breakfast.

Does it matter if I wear a white t-shirt or a blue t-shirt tomorrow.

Does it matter if I graduate from college or drop out to work a job -- depends on what job.

And you can ask yourself, further if it will matter 3 months or a year from now if I go to that party or not -- whether or not to procrastinate on studying for an upcoming exam.

So then it can help you determine what things you are willing to put effort into for long-term benefit and long-term security.