

# New Christos Yapijakis Article: "The Philosophical Management of Stress"

Post by "Todd" of January 8, 2023 at 10:47 AM

## [Quote from Cassius](#)

He spends so much time stressing how things that were previously just become unjust when circumstances change that the whole presentation seems to be weighted more toward establishing the limitations of the abstract concept of justice rather than specific examples of justice in the real world.

I agree.

I also find it interesting that [PD39](#) follows immediately after the PDs talking about justice.

I see [PD39](#) as relating to the idea of justice as much as (or more so than) friendship. Based on the awkwardness of the translations, I doubt Epicurus even used the word for friendship there. Was he instead referring to the establishment and content of the agreements that constitute justice?

Implied in [PD39](#) is the insight that cooperation is far more productive of pleasure than conflict or isolation.

If our ethic is to pursue pleasure, and cooperation with others (to the extent possible) is the best way of doing that, then I think that provides a basis for saying more specific things about justice and which kinds of behavior are going to get us the most pleasure in the long run.