

New Christos Yapijakis Article: "The Philosophical Management of Stress"

Post by "Don" of January 7, 2023 at 1:00 PM

[Quote from Cassius](#)

"flourishing" and "wellbeing" and similar terms

I'm personally fine with Epicureans using terms like that as long as they're in the context of eudaimonia and in the larger context of pleasure/pain, etc.

[Quote from Cassius](#)

Anytime we start de-emphasizing the term "pleasure" with other wording we are in dangerous territory.

See that's why I find that Plutarch quote so interesting with him claiming that the Epicureans went "back and forth" using pleasure, aponia, and eustatheia. However, my take on that is that it all referred back to pleasure. Aponia is "absence of pain" (sort of, but that's another thread) because pleasure replaces it. Eustatheia is pleasure because it's that internal, stable tranquility that we can be sure of. Pleasure is the key in the philosophy, so whatever terms one uses, they have to return to a framing of pleasure.