

New Christos Yapijakis Article: "The Philosophical Management of Stress"

Post by "Little Rocker" of January 6, 2023 at 3:49 PM

I noticed that *Conatus* is open-access (hooray!), and the studies Yapijakis references in the introduction are contained separately in the [issue](#):

[Epicurean Stability \(eustatheia\): A Philosophical Approach of Stress Management](#)
[Philosophical Management of Stress based on Science and Epicurean Pragmatism: A Pilot Study](#)