

Friday Night Epicurean Happy Hour Zoom

Post by “Kalosyni” of November 24, 2022 at 5:09 PM

| Natural Good or Good Practice | Description | Source |
|-------------------------------|---|------------------------------------|
| Choices and Avoidances | How we make choices for action | PD8 PD21 |
| Friendship | Friends whom we enjoy spending time with and on whom we can depend for help in times of need | PD27 |
| Self-sufficiency | Way of living that brings freedom | |
| Gratitude | Remembering the good events that we shared with friends or past pleasures we experienced | |
| Wisdom | Ability to navigate through challenges by seeing the big picture, and seeing things truly as they are | PD2 PD4 PD16 |

Starting up this quick reference table -- need to add in more sources from Epicurean writings.