

# **Promising New Book ("Living For Pleasure") and Great New Article ("Are The Modern Stoics Really Epicurean?") Both By Emily Austin**

**Post by "Cassius" of November 19, 2022 at 8:52 AM**

Don (or others) I wonder if there is a precedent for the "natural and necessary" classification in the writings of Plato or Aristotle such as you found for the bread and water discussion. If there is that might also place this in context.