

# **Promising New Book ("Living For Pleasure") and Great New Article ("Are The Modern Stoics Really Epicurean?") Both By Emily Austin**

**Post by "Kalosyni" of November 19, 2022 at 8:25 AM**

## [Quote from Cassius](#)

And by the way, the ultimate aim and description of the goal is not "the tranquil life."  
The proper wording is "the PLEASANT life."

And she knows that. The title of the book is not "Living For Tranquility."

Good to point that out. And thinking further about "unnecessary" desires -- I don't like that word "unnecessary" either, lol.

We don't label a desire as unnecessary until for a particular individual they see for themselves that it is so -- when they see that it brings more pain than pleasure, causes way too much pain to acquire it, or is impossible to acquire -- and this can only be determined by that individual AND at a later time that person may be in a different situation and decide to pursue that desire.

So in some sense "unnecessary" is really an artificial label used as a "coping mechanism" -- there are no absolutely unnecessary desires.

Do you think this is correct?