

Epicurean substitute for prayer

Post by “Pacatus” of November 12, 2022 at 5:44 PM

[Quote from Don](#)

That's always been one of my reasons for advocating for the Tetracharmakos 😊

That is both simple and familiar to an Epicurean. The usual English translations, though, seem more like instructions or rubrics, rather than self-expressive prayer or meditative affirmations. And not everyone will find the Greek either resonant or easy to remember/recite. 🤔