

# Do Pigs Value Katastematic Pleasure? ( Summer 2022 K / K Discussion)

Post by “Don” of October 20, 2022 at 8:07 AM

Quote from Lucretius

Don't you see Nature requires no more than the body free from pain, that she may enjoy the mind easy and cheerful, removed from care and fear?



That seems to me a good description of katastematic pleasure as defined above.

My take on lines like this in the texts is that, if we have that - IF for some reason (medical, etc) that pleasure was all we had left to us - we could still have eudaimonia/happiness/ well-being. That does NOT mean that we LIMIT ourselves to that! When we are able, we have the entire spectrum of pleasure open to us.