

Do Pigs Value Katastematic Pleasure? (Summer 2022 K / K Discussion)

Post by "Cassius" of October 20, 2022 at 1:27 AM

[Quote from Don](#)

This, to me, points to the "source" - "the sound state of the flesh" (to sarkos eustathes *katastema*) - being a more confident source -- according to Metrodorus himself -- of pleasure than "objects" (kinetic pleasure) outside of ourselves. It does NOT say the source "in ourselves" is "better (more value)" just that we can be more "sure" of its continuance because we have control over it

I completely agree with this paragraph. We need understanding through philosophy within ourselves to be confident of our situation and our happiness.

[Quote from Don](#)

It's not change vs "non-change".

Unfortunately that point is where the great majority of commentary and the connotations of these wordings in English seem to be focusing. I don't know if they are right or wrong in doing so, but the implications of change vs non-change as being the distinguishing factor are causing all sorts of problems. Personally I don't have any problem considering "resting" to be an activity in and of itself, just like sleeping is necessary. But sleeping can't well be thought of as the purpose of life, nor can any way of living life that is not moving or changing over time (in contrast we do assign an unmoving and unchanging description to a concept or an abstraction, such as "happiness").

I have been thinking recently about the map/territory and forest/trees examples lately. Only the territory and the trees have atomic structure (leaving aside the paper of a map) but we do consider that both forests and maps really exist. I don't have any problem with thinking that whatever is being described as pleasures of rest also exist for us, but perhaps in the same way as maps and forests, as mental sums or constructs, rather than in separate moment by moment experiences.