

Episode One Hundred Forty-One - Proclaiming Epicurus To The World: Diogenes of Oinoanda (Part One)

Post by “Pacatus” of September 27, 2022 at 1:46 PM

The Wikipedia article on ataraxia describes it, in part, as “a lucid state of robust equanimity” – apparently drawing on Adrian Kuzminski’s book on Pyrrhonism.

This seems closer to Don’s mindfulness than some passive tranquility. I wonder if equanimity could be a better one-word translation? Or just calm mindfulness?