

# Episode One Hundred Thirty-Nine - The Letter to Menoecus 06 - Pleasure Part Two

Post by "Don" of September 13, 2022 at 10:55 PM

## [Quote from Don](#)

I haven't reviewed Wenham's paper but my kinetic / katastematic opinion is that kinetic pleasures are predicated on external forces acting upon us, katastematic pleasures arise from within ourselves (within our own minds). I'll need to substantiate that with texts, but that's my starting point.

I would point back to this post of mine:

Post

**[RE: Do Pigs Value Katastematic Pleasure? \( Summer 2022 K / K Discussion\)](#)**

This got longer as I continued to review this thread. This is enough for now! These are consolidated ancient and modern sources and some notes from my posts within this thread:

Notes:

Idea (revised): Biological homeostasis = aponia (freedom from pain in the body; everything is working as it should).

Pathē "what is done or happens to a person or thing, opposite: πράξις (praxis)" Praxis is the concrete aspect of pragma (genitive: pragmata).

On perceived errors in Wikipedia: We can all be Wikipedia...



Don

July 17, 2022 at 10:31 PM