

# Episode One Hundred Thirty-Nine - The Letter to Menoecus 06 - Pleasure Part Two

Post by “Kalosyni” of September 12, 2022 at 2:26 PM

## [Quote from Kalosyni](#)

In other words the highest form of sensual pleasure (at it's height) will also be free from mental pain (we will be free from worry and fear).

Also, this has to do with a certain segment in time -- it isn't going to be at every moment of every day -- But rather it will unfold depending on a given situation. Ideally we will experience some parts of our day in this way -- we will have the experience of situations that feel very sweet and enjoyable.