

# **Real-World "Retreats" From The Pressures of Civilization - Expatriate Destinations**

**Post by "Pacatus" of August 25, 2022 at 12:05 PM**

Another practical consideration: health care. We are in our 70s, and my wife has had a heart attack and has some other health issues that make us thankful for a top-notch medical community and (university affiliated) hospital. So, a smaller university town might be a good alternative to a large urban setting, in the U.S. or elsewhere.