

# Maslow's hierarchy of needs

Post by “Matteng” of August 24, 2022 at 4:11 PM

Hi,

I am interested in the subject of desire and pleasure especially in light of modern science / psychology and the Epicurean Philosophy.

I know Maslow's pyramid, which considers not only basic desires but goes on till self improvement and personal values, transcendence/knowledge.

In the past I used to associate the lower levels with Epicurean philosophy and the higher with Stoic philosophy, the classical prejudice I think (Yes sorry I am a Convert from the Stoic camp and have to disentangle me from this system 😊).

But I think Epicurus maybe would embrace them but warn for the higher levels.

Maybe the lower levels (Deficiency Needs ) would be the "natural & necessary" desires

The higher levels (Growth Needs) "natural & unnecessary" ?

But if my survival is saved I could go through self-improvement (if that's pleasure for me )?

But for example for self-improvement, learning new languages could be a desire without a limit, so -> unnecessary, but natural to have such desires ?

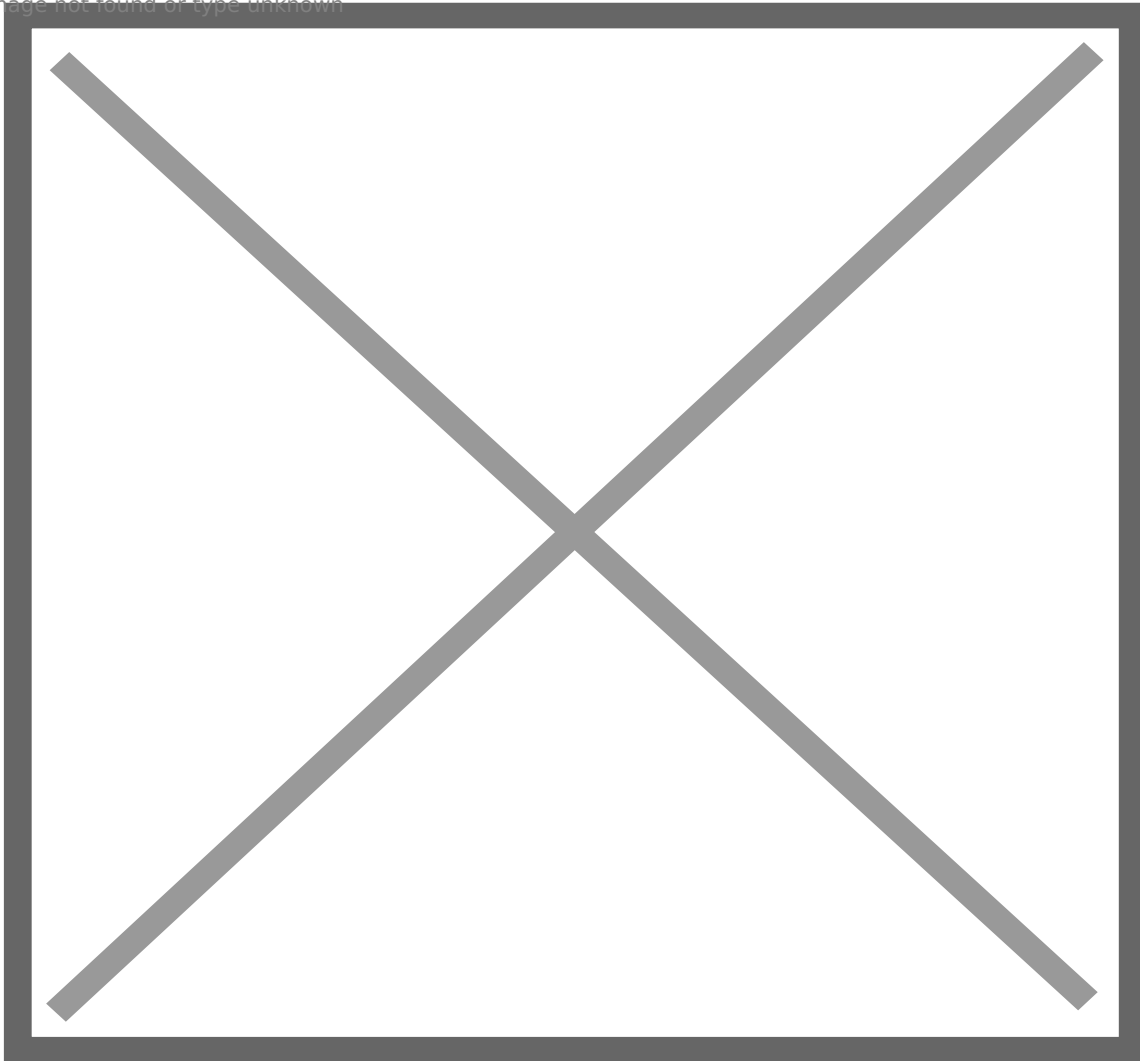
Or is this a complete wrong take ? Because there are the virtues.

In what category is the desire to become more virtuous ?

Or do I make here a category error ? For all desire's we need virtue. And here lurks the mistake to confuse the goal (pleasure) with the means (virtue).

Virtue is the greatest -> means <- for a happy life 😊

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[Maslow's hierarchy of needs - Wikipedia](https://en.wikipedia.org)

en.wikipedia.org

What are your opinions about this subject ?