

[Toby Sherman's Ancient Guide To Modern Well-being] That article I mentioned at the on line Wednesday 8/17 meeting

Post by “kochiekoch” of August 18, 2022 at 2:26 PM

[Quote from Cassius](#)

So in other words, it is only your failure to succeed in being a good Epicurean that makes it appropriate for you to engage in chocolate, hugs, sex, and roller coaster rides???

If that is the case then may none of us succeed in becoming good Epicureans!!

No, perfection is a high bar. The [Epicurean gods](#) are perfect, but us, not so much. As good Epicureans, any kind of pleasure is welcome as it improves our state of mind! 😊

Steve