

[Toby Sherman's Ancient Guide To Modern Well-being] That article I mentioned at the on line Wednesday 8/17 meeting

Post by “Cassius” of August 18, 2022 at 1:37 PM

[Quote from kochiekoch](#)

Although, I don't think the author is just saying that we should forgo ALL pleasures, for lack of pain; in as much as we reach that perfect level of contentment only rarely. Then, chocolate, hugs, sex, roller coaster rides, etc. serve to make us happier.

So in other words, it is only your failure to succeed in being a good Epicurean that makes it appropriate for you to engage in chocolate, hugs, sex, and roller coaster rides???

If that is the case then may none of us succeed in becoming good Epicureans!!

