

[Toby Sherman's Ancient Guide To Modern Well-being] That article I mentioned at the on line Wednesday 8/17 meeting

Post by “Eikadistes” of August 18, 2022 at 12:02 PM

Epicurus never wrote that *The Greatest Good* is the *Removal of Pain*. He always identifies *The Greatest Good* as *Pleasure*. I think the concept of *Removal of Pain* is really only relevant with regards to the "limit" of Pleasure, and how to measure it. But *anti-Pain* is not the goal, just a measuring stick. *Pleasure* is the goal, and sometimes pain is necessary for a greater pleasure. Focusing on the *Removal of Pain* as a person's goal might lead them to miss out on rewarding challenges.