

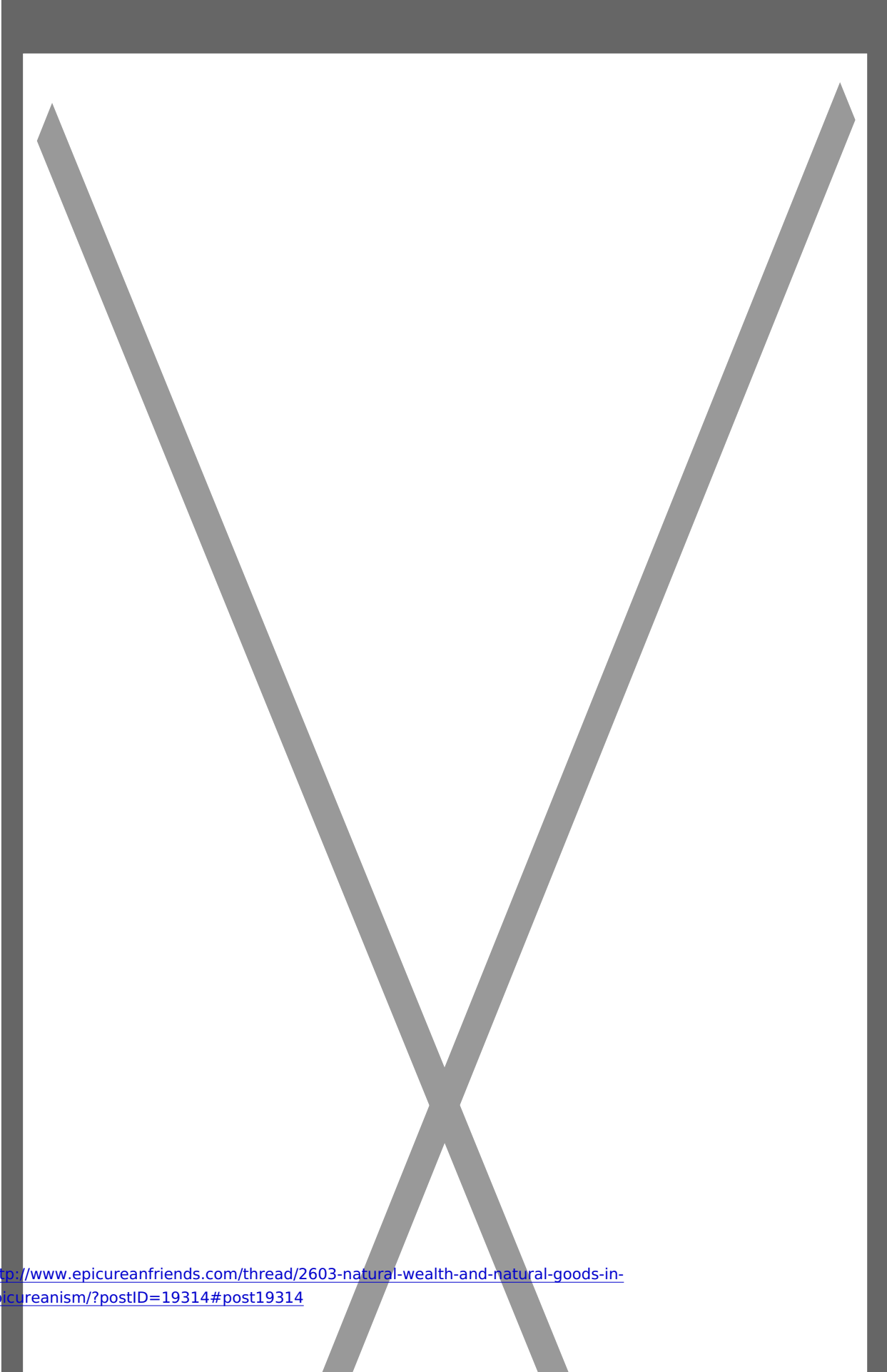
# Natural Wealth and Natural Goods in Epicureanism

**Post by “Don” of August 14, 2022 at 9:04 AM**

Okay, "seize the day" has been so in-grained in modern Western popular culture to equate with FOMO (Fear of missing out) or constantly seeking new thrilling experiences that I feel obliged to urge everyone to take a look at Horace's original.

Wikipedia actually has a nice article:

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<http://www.epicureanfriends.com/thread/2603-natural-wealth-and-natural-goods-in-epicureanism/?postID=19314#post19314>

[Carpe diem - Wikipedia](#)

en.wikipedia.org

To me, I prefer the more literal "Pluck the day" or "Harvest the day".

Compare Greek καρπός (karpós, "fruit") and κείρω (keírō, "to cut off"), English harvest, sharp, shear.

"Seize" always has such a frenzied feel to it. Seizing, grasping, clutching... And that's not what the original means.

I envision Horace plucking a ripe peach from a tree and sinking his teeth into its perfect, juicy flesh.