

# A List of Life Pleasures

Post by "Cassius" of August 3, 2022 at 1:37 PM

Are you also listing them by "intensity" or "most pleasant"?

Letter to Menoecus (Bailey)

126] But the many at one moment shun death as the greatest of evils, at another (yearn for it) as a respite from the (evils) in life. (But the wise man neither seeks to escape life) nor fears the cessation of life, for neither does life offend him nor does the absence of life seem to be any evil. **And just as with food he does not seek simply the larger share and nothing else, but rather the most pleasant, so he seeks to enjoy not the longest period of time, but the most pleasant.**