

Pleasure, Desire and Limits

Post by “Don” of July 18, 2022 at 10:50 AM

Well, to play devil's advocate, we DO have to limit all desires in some sense. Eating food and drinking water are both natural and necessary but if we overeat or even drink too much water (hyponatremia), it's going to lead to pain.

And yes, I'm using water as an example to be provocative 😊