

Do Pigs Value Katastematic Pleasure? (Summer 2022 K / K Discussion)

Post by “Don” of July 16, 2022 at 11:31 AM

Sorry, don't have time to read your full post right now. I will!

But Epicurus literally defined katastematic pleasure as ataraxia (freedom from trouble in the mind) and aponia (freedom of pain in the body).

My contention is that anytime those concepts come up in his and other Epicurean writings, they're talking about katastematic pleasure. They don't use the word because it's not necessary. By definition: freedom from trouble in the mind and freedom of pain in the body = katastematic pleasure.

They don't mention the term every time because it really didn't matter to them. It was a tautology: pleasure = pleasure.