

Do Pigs Value Katastematic Pleasure? (Summer 2022 K / K Discussion)

Post by “Kalosyni” of July 14, 2022 at 10:33 PM

I feel as if my brain is slightly "under-performing" lately -- I am just barely following this whole discussion.

You've all wrote so much, and now I have to add this, which may not be supported by any texts or writings of Epicurus -- Besides katastematic "calmness" there should be a category for pleasures such as friendship and self-sufficiency (these "goods" could almost fall into the katastematic category). Once you establish either a friendship or self-sufficiency (which I define as the ability to provide basic necessities for yourself, but there could be other definitions) there is a solidity (and it has a static quality which doesn't come and go quickly) and it can be relied upon for pleasure in a much different manner than food and sensual enjoyments.

[Quote from Cassius](#)

life is lived moment by moment and there is no "stored up capital" like a Christian might say about storing up treasures in heaven

An Epicurean could adapt this idea metaphorically -- doing what is pleasant, joyful, and pleasurable so that it can be made into good memories for reminiscing about later, and the "heaven" would be the act of talking about shared memories with friends.