

Do Pigs Value Katastematic Pleasure? (Summer 2022 K / K Discussion)

Post by “Don” of July 10, 2022 at 4:44 PM

[Quote from Godfrey](#)

My thinking is that pleasure is typically a result. Desires are something that we can tangibly work with. Epicurus' concern is with describing practice, with things anybody can do to achieve pleasure. He doesn't care what type of pleasure you achieve, he's concerned with how you go about achieving pleasure. And to him, you do this by working with your desires and with your pains. If you understand your desires, you will be more effective at achieving pleasure. As you minimize your various pains, these will by definition be replaced with pleasure. But you must always remember that your guide and goal is pleasure. Understanding desires and removing pains are only tools for pursuing pleasure. We can also pursue various pleasures for pure enjoyment, but for an effective practice to achieve lasting pleasure he focused on working with desires and on things which cause pain.

Brilliant! 😊 👍 👍