

Do Pigs Value Katastematic Pleasure? (Summer 2022 K / K Discussion)

Post by “Don” of June 30, 2022 at 5:13 PM

I think I agree with you, [Godfrey](#) . My position is that katastematic pleasures - namely aponia and ataraxia - are what we feel in homeostasis when the body and mind are in proper working order and our minds are not troubled (especially by those existential fears of "the gods" and death). Then we can more readily experience other pleasures that give us variety of pleasure.

I need to go back and review [Nikolsky](#) et al.