

Pleasures of the soul, Values, Meaningful Life

Post by “Don” of June 25, 2022 at 10:48 AM

[Quote from Cassius](#)

the term is today more associated with a Cyreniac "pleasure of the moment" attitude.

The phrase itself is inextricable linked to Bentham and Utilitarianism. While [Cassius](#) is correct that neither Epicurus nor the Epicureans used the specific phrase "hedonic calculus," he did - all the time - use "choice and rejection" αἴρεσιν καὶ φυγῆν. So, in some ways, one is always weighing pain and pleasure and choosing and rejecting. That is, generally speaking, a kind of "calculus." Just don't get overly hung up on the term 😊

[Quote from Cassius](#)

The Frying pan might be hot, but if that frying pan is suspending you over the grand canyon you might be well advised to stay in the frying pan til you've figured out a way to arrange a soft landing.



Good wordsmithing there. Vivid metaphor 👍



I think you're generally on the right track, [Mathitis Kipouros](#) . Thanks for sharing this.