

# Pleasures of the soul, Values, Meaningful Life

Post by "Cassius" of June 18, 2022 at 7:53 PM

I agree with Don, and I think you are completely on the right track, and it is maddening that the major philosophies have made this question the slightest bit difficult.

## [Quote from Matteng](#)

In ethics I wonder if Pleasure involves personal values besides the "pure bodily" pleasures

Absolutely yes. Do those actions you describe being you pleasure in performing them or even thinking about them? Then absolutely yes, to you they are pleasures. Epicurus says (per Torquatus) that the pleasures of the mind can be and are often more significant than those purely of the body (but remember Don's caveat, without the body you are nothing, so all pleasures are in that sense "of the body")

## [Quote from Matteng](#)

(maybe thats the answer, a wide interpretation of pleasure ? )

Yes! And the interpretation is as wide as can be imagined. If something brings you a feeling OF ANY KIND then the feeling is ultimately pleasurable or painful. All human mental and physical activities fall in one of these two categories, no matter how much the abstractionists want to protest that their virtues are higher than pleasure.

## [Quote from Matteng](#)

Are that "pleasures of the soul" ?

I would definitely say yes. The point to keep in mind is that there is no supernatural soul, so everything "mental" is of the soul, or spiritual, or intellectual, or whatever you choose to label that mental functioning of the body.

And glad to have you posting! These are common questions lots of people have and always good to talk about them!