

# **On The Need To "Fulfill Your Nature" By Pursuing Your Natural Dispositions**

**Post by "Don" of May 16, 2022 at 7:26 AM**

FYI

Plutarch's essay On Peace of Mind (465f-466a)

[Plutarch, De tranquillitate animi, stephpage 465f](#)

[Plutarch • On Tranquillity of Mind](#)