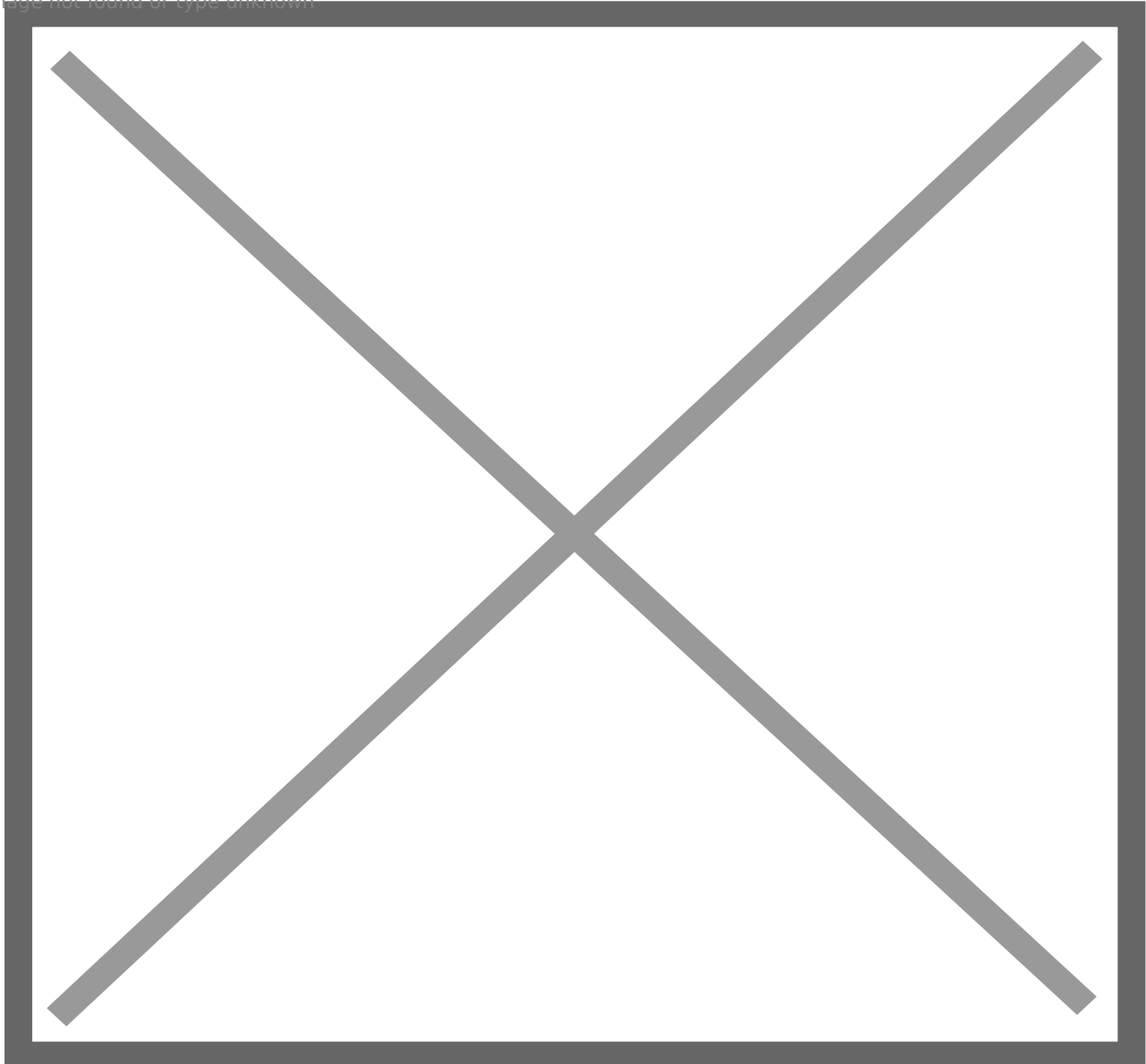


Epicurean Change

Post by "Don" of April 9, 2022 at 11:36 AM

Image not found or type unknown



[The Sweet Spot: The Pleasures of Suffering and the Search for Meaning](#)

University of Toronto psychologist Paul Bloom shares 5 key insights from his new book, *The Sweet Spot: The Pleasures of Suffering and the Search for Meaning*
nextbigideaclub.com

That's one problem I have with the new book by Paul Bloom. He seems (I've not read the book but heard him on several podcasts talking about it) to see some problem in taking pleasure in things, even things that may have been difficult to achieve. His stress on "meaning vs pleasure"

seems specious to me:

Quote from Paul Bloom

Now, one alternative to pleasure is meaning. This drive for meaning is every bit as important as the drive to have a good time, to enjoy ourselves, to be happy.

But from my perspective, that "meaning" he stresses gives one pleasure, so we're right back to an Epicurean square one. It's the hedonist = "a string of drinking parties and festivals" straw-man fallacy that is not what Epicurus advocated.