

Sleep (To Be Retitled When I Think of A Better One - Note That I Am Posting This at 2:30 AM)

Post by "Pacatus" of April 1, 2022 at 6:50 PM

[Quote from Godfrey](#)

as I recall Marcus Aurelius wrote a passage about dragging his butt out of bed in the morning.

Ah yes. But my pleasure-loving self enjoys those long, half-asleep morning-moments. 😊 (The Epicurean versus the Stoic?)

As Theodore Roethke wrote:

"I wake to sleep, and take my waking slow."

(Funny how that line is embedded in my memory ... 😎)